

NMP Somatics™ Teaching, Licensing & Branding Agreement

Final Updated Version – Current Class Names

This Teaching, Licensing & Branding Agreement (“Agreement”) is entered into between **NMP Somatic Education Canada**, operating as **NMP Somatics™** (“Licensor”), and the undersigned participant or graduate (“Teacher”).

This agreement outlines the terms under which students, graduates, Teachers in Training, and certified teachers may teach, represent, and promote NMP Somatics™.

Successful completion of training modules does not automatically grant certification or full teaching and branding rights. Teaching permissions, certification status, and use of NMP Somatics™ names are granted only according to completed training level, formal approval, and the signing of this agreement.

1. Purpose

The purpose of this agreement is to protect the integrity, clarity, safety, and public representation of NMP Somatics™.

By participating in NMP Somatics™ training, accessing proprietary materials, teaching NMP Somatics™ class formats, or using the NMP Somatics™ name, the Teacher agrees to follow the terms outlined in this agreement.

2. Intellectual Property

The following are proprietary programs, methods, names, and protected intellectual property of NMP Somatic Education Canada:

- NMP Somatics™
- NMP – NeuroReset™
- NMP – NeuroFlow™
- NMP – NeuroRhythm™
- All training manuals, outlines, scripts, class structures, choreography guidelines, recordings, presentations, assessments, handouts, and associated materials

All materials remain the sole and exclusive property of NMP Somatic Education Canada.

Participation in training does not transfer ownership of any intellectual property, trademark, program structure, method, teaching material, class format, or branded name to the Teacher.

3. Limited Teaching License

Completion of NMP Somatics™ training grants the Teacher a limited, non-exclusive, non-transferable, revocable license to teach only the formats corresponding to the modules and training successfully completed.

Teaching permissions are granted according to training level and may include:

- **Completion of Module 1:** permission to teach NMP – NeuroReset™ 25-minute classes within Module 1 scope
- **Completion of Module 2:** permission to teach NMP – NeuroReset™ 25-minute and 45-minute classes within Module 2 scope
- **Completion of Module 3:** permission to teach NMP – NeuroReset™ 25-minute, 45-minute, and 75-minute classes within Module 3 scope
- **Completion of additional approved training:** permission to teach additional formats, such as NMP – NeuroFlow™ or NMP – NeuroRhythm™, only when those formats have been formally taught, approved, and authorized by NMP Somatic Education Canada

This teaching license:

- Is personal to the Teacher
- May not be transferred, assigned, or sublicensed
- Applies only to the formats corresponding to the Teacher's completed training level
- Does not grant permission to teach formats beyond the Teacher's level of training
- Does not grant ownership of any program, structure, script, choreography, branded class format, or teaching material

4. Certification and Professional Designation

The designation:

Certified Somatic Exercise Teacher – NMP Method (Level 1)
CSET–NMP Level 1

is awarded only upon:

- Successful completion of required modules
- Passing the Level 1 Certification Exam
- Approval of the Final Project
- Formal approval by NMP Somatic Education Canada
- Signing this agreement

Until certification is formally granted, the Teacher may not:

- Use the designation CSET–NMP Level 1
- Represent themselves as certified
- Refer to themselves as a Certified Somatic Exercise Teacher – NMP Method
- Imply official certification status or endorsement beyond their current training level

Upon certification, Teachers may:

- Use the designation **Certified Somatic Exercise Teacher – NMP Method (Level 1)**
- Use the abbreviation **CSET–NMP Level 1**
- Represent themselves as Level 1 Certified
- Be listed on the official NMP Somatics™ Certified Teachers page, at the discretion of NMP Somatic Education Canada
- Teach the approved NMP Somatics™ formats within their completed and authorized scope

Certification confirms competency in teaching the NMP Somatics™ method within the Level 1 scope, including blueprint fidelity, professional delivery, nervous-system-informed pacing, and neuromuscular re-patterning education.

5. Teachers in Training

Teachers who have completed one or more modules but have not yet completed final certification are considered:

NMP Somatics™ Teachers in Training

Teachers in Training may advertise and teach only the official class formats corresponding to completed modules, provided they clearly identify their status as an NMP Somatics™ Teacher in Training and do not imply certification.

Teachers in Training:

- Must accurately represent their training status
- May not use the designation CSET–NMP Level 1
- May not represent themselves as certified
- May not imply certification or endorsement beyond their actual level of training
- May, at the discretion of NMP Somatic Education Canada, be listed on an official Teachers in Training page

Approved teaching and advertising status by module includes:

Module 1 Graduate

May advertise and teach:

NMP – NeuroReset™ 25

May describe themselves as:

NMP Somatics™ Teacher in Training – Module 1 Graduate

and/or

Authorized to teach NMP – NeuroReset™ 25

Module 2 Graduate

May advertise and teach:

NMP – NeuroReset™ 25

NMP – NeuroReset™ 45

May describe themselves as:

NMP Somatics™ Teacher in Training – Module 2 Graduate

and/or

Authorized to teach NMP – NeuroReset™ 25 and 45

Module 3 Graduate

May advertise and teach:

NMP – NeuroReset™ 25

NMP – NeuroReset™ 45

NMP – NeuroReset™ 75

May describe themselves as:

NMP Somatics™ Teacher in Training – Module 3 Graduate
and/or

Authorized to teach NMP – NeuroReset™ 25, 45, and 75

Teachers in Training may not advertise themselves as:

- Certified
- CSET–NMP Level 1
- Level 1 Certified
- Certified Somatic Exercise Teacher – NMP Method
- Any wording that implies final certification has been granted

Where appropriate, Teachers in Training agree to clearly indicate their status in promotional materials, websites, social media, booking pages, and class descriptions.

6. Scope of Teaching

Certified teachers and Teachers in Training may:

- Teach NMP Somatics™ exercises and class formats as trained
- Teach only the formats they have been authorized to teach
- Use approved language, pacing, sequencing, and safety principles
- Offer classes within the NMP Somatics™ method and their completed training scope
- Use learned exercises creatively within the NMP Somatics™ choreography guidelines, when permitted by training level

Teachers may not:

- Teach material they have not been trained in
- Modify core exercises beyond recognition

- Present altered or independently choreographed classes as official NMP Somatics™ branded formats unless the class remains within the authorized format and guidelines
- Create derivative programs that substantially replicate NMP Somatics™ proprietary structures while presenting them as wholly original systems
- Use NMP Somatics™ branded names for classes that fall outside authorized structures or permitted guidelines
- Present NMP Somatics™ as a regulated, medical, or clinical therapy unless separately qualified and legally permitted to do so

For clarity:

A Teacher may use learned exercises creatively within the NMP Somatics™ method and choreography guidelines.

A Teacher may not misrepresent personally choreographed or altered classes as official branded formats when they no longer reflect the authorized structure of those formats.

If a Teacher is using their own choreography, sequencing, or class design rather than an officially named NMP Somatics™ class, that class should be described in general terms such as a **somatic movement class** or **somatic exercise class**, and not by an official NMP Somatics™ class name unless it meets the authorized format.

7. Brand Identity and Representation

All graduates must present **NMP Somatics™** as their primary method in all teaching, marketing, and public representation when teaching work derived from this training.

All marketing and representation must follow this structure:

Primary:

NMP Somatics™

Secondary, optional lineage language:

Inspired by Hanna Somatic Education

Informed by Hanna Somatic Education

In the tradition of Hanna Somatic Education

The Teacher agrees to:

- Use program names accurately and only as authorized
- Represent training and certification status truthfully

- Maintain a clear distinction between official NMP Somatics™ branded formats and personally choreographed classes using learned exercises
- Refrain from presenting official NMP Somatics™ programs as independently created systems
- Preserve the integrity of the method when teaching under the NMP Somatics™ name

The Teacher may not:

- Rename official formats while continuing to use proprietary NMP Somatics™ structures
- Market substantially similar proprietary class structures as original programs
- Use NMP Somatics™ branding beyond their authorized level
- Use the NMP Somatics™ name in a misleading, deceptive, or unauthorized way

8. Use of “Hanna Somatic Education”

Graduates are permitted to reference Hanna Somatic Education only in a secondary, lineage-based way.

Permitted language includes:

- “Inspired by Hanna Somatic Education”
- “Informed by Hanna Somatic Education”
- “In the tradition of Hanna Somatic Education”
- “NMP Somatics™ is influenced by Hanna Somatic Education.”
- “This class is part of NMP Somatics™ , inspired by Hanna Somatic Education.”
- “NMP Somatics™ is a neuromuscular movement method informed by Hanna Somatic Education.”

The following is not permitted unless the Teacher holds separate, legitimate certification or authorization in Hanna Somatic Education:

- “I teach Hanna Somatics”
- “Hanna Somatics classes”
- “Teaching Hanna Somatics”

- “Hanna Somatics practitioner”
- “Hanna Somatics teacher”
- “Hanna Somatics instructor”
- “Hanna Somatic Educator”
- “Certified in Hanna Somatics”
- “Certified Hanna Somatics practitioner”

Graduates of NMP Somatics™ are trained in a method influenced by Hanna Somatic Education, but they are not certified Hanna Somatic Educators unless they have completed that training independently.

9. Public Use: Websites, Social Media, and Marketing

Certified teachers and Teachers in Training may promote their services using websites, social media, booking platforms, printed materials, and other public platforms, provided the following guidelines are followed.

Required:

- Clearly identify the work as **NMP Somatics™**
- Use the correct certification or training title
- Accurately state the class format being offered
- Accurately reflect current training level and authorization

Correct certification title for certified teachers:

**Certified Somatic Exercise Teacher – NMP Method (Level 1)
CSET–NMP Level 1**

Correct status language for Teachers in Training:

**NMP Somatics™ Teacher in Training – Module ____ Graduate
and/or
Authorized to teach NMP – NeuroReset™ ____**

Permitted secondary language:

- Inspired by Hanna Somatic Education

- Informed by Hanna Somatic Education
- In the tradition of Hanna Somatic Education

Not permitted:

- Advertising or promoting NMP Somatics™ services as “Hanna Somatics”
- Using “Hanna Somatics” as a business name, class title, headline, or primary descriptor
- Using “Hanna Somatics” as a searchable or promotional keyword in a misleading or primary way
- Implying certification beyond NMP Somatics™ training
- Implying authorization to teach formats not yet completed or approved

10. Use of NMP Somatics™ Materials and Names

The following names are protected and must be used only as trained and authorized:

- NMP Somatics™
- NMP – NeuroReset™
- NMP – NeuroFlow™
- NMP – NeuroRhythm™

Use of these names must:

- Reflect accurate training level
- Follow current NMP Somatics™ guidelines
- Not be altered, renamed, or rebranded
- Not be used to imply authorization beyond the Teacher’s completed training

Training materials, internal documents, teacher manuals, class outlines, scripts, choreography sheets, assessments, and proprietary teaching resources are confidential and proprietary.

For the purposes of this agreement, "official NMP Somatics™ class formats" refer to standardized NMP – NeuroReset™, NMP – NeuroFlow™, and NMP – NeuroRhythm™ classes taught according to the approved NMP curriculum, class structure, sequencing, teaching methodology, and branding guidelines.

The Teacher agrees not to:

- Distribute, reproduce, copy, sell, or share proprietary materials without written permission
- Record, reproduce, or redistribute NMP Somatics™ trainings, teacher training sessions, protected instructional content, or proprietary teacher-only materials without written permission.
- Upload proprietary materials to public, private, or paid platforms without written permission
- Share teacher-only materials with students or third parties except as expressly permitted by NMP Somatic Education Canada

11. Recording, Replay, and Video Use

Teachers in Training and Certified Teachers may record approved NMP Somatics™ class formats only when teaching within their current authorized scope and with appropriate participant consent.

Recorded classes must be clearly identified using the approved class name and the Teacher's current status.

Approved examples include:

NMP – NeuroReset™ 25 Class Recording

NMP – NeuroReset™ 45 Class Recording

NMP – NeuroReset™ 75 Class Recording

For Teachers in Training, approved wording may include:

NMP – NeuroReset™ 25 with [Teacher Name], NMP Somatics™ Teacher in Training – Module 1 Graduate

NMP – NeuroReset™ 45 with [Teacher Name], NMP Somatics™ Teacher in Training – Module 2 Graduate

NMP – NeuroReset™ 75 with [Teacher Name], NMP Somatics™ Teacher in Training – Module 3 Graduate

For Certified Teachers, approved wording may include:

NMP – NeuroReset™ 75 with [Teacher Name], Certified Somatic Exercise Teacher – NMP Method (Level 1)

or

NMP – NeuroReset™ 75 with [Teacher Name], CSET–NMP Level 1

Recorded classes may be shared as limited-time replays for registered students or participants, provided the recording remains within the Teacher’s authorized scope and follows NMP Somatics™ teaching, branding, and safety guidelines.

Recorded classes may not be presented as official NMP Somatic Education Canada™ teacher training materials unless expressly approved in writing.

Teachers may not use recorded classes to train, certify, supervise, or authorize other teachers in NMP Somatics™.

Teachers are encouraged to develop and share their own original educational content, movement classes, workshops, meditations, and other digital offerings.

At this time, official NMP Somatics™ class formats—including NMP – NeuroReset™, NMP – NeuroFlow™, and NMP – NeuroRhythm™—may not be recorded and distributed as an on-demand video library, subscription service, public video course, or other self-guided digital program without prior written permission from NMP Somatic Education Canada.

This restriction applies only to official NMP Somatics™ class formats and does not prevent Teachers from creating and distributing their own original movement classes, blended somatic movement programs, educational videos, workshops, meditations, or other digital content that does not present itself as an official NMP Somatics™ class format.

Nothing in this agreement prevents Teachers from building their own businesses, memberships, or subscription platforms using their own original content that complies with this agreement.

Future licensing options for digital replay libraries, 30-day replay access, or subscription-based access to official NMP Somatics™ class formats may become available as the program evolves.

Original or blended digital content must not use protected NMP Somatics™ class names or create the impression that it is an official NMP Somatics™ program unless written permission has been granted.

Teachers may not rename, alter, repackage, or present official NMP Somatics™ class formats as their own original programs.

Teachers are responsible for obtaining appropriate permission from participants before recording any live class, workshop, or session. If participants appear on camera, speak, ask questions, or are personally identifiable, written consent is strongly recommended.

All recorded classes must follow NMP Somatics™ teaching principles, approved language, class scope, branding guidelines, and participant consent requirements.

11. A. Scope of Practice

NMP Somatics™ training is educational in nature.

The Teacher agrees not to:

- Provide medical diagnosis unless separately licensed and legally permitted to do so
- Represent NMP Somatics™ educational services as medical treatment unless separately licensed and legally permitted to do so
- Make therapeutic or clinical claims beyond their qualifications
- Exceed the scope of their professional licensing, governing regulations, or jurisdictional standards

The Teacher is solely responsible for operating within the laws, regulations, and professional standards applicable in their jurisdiction.

12. Professional Conduct and Brand Integrity

The Teacher agrees to uphold the principles of NMP Somatics™ , including:

- Blueprint integrity
- Nervous system safety
- Gentleness and non-force
- Respect for student comfort and self-regulation
- Slow, controlled, awareness-based movement
- Professional, ethical, and honest conduct
- Accurate representation of the work, training level, and lineage

The Teacher agrees to avoid:

- Exaggerated claims
- Misleading language
- Misrepresentation of training or certification

- Teaching beyond their authorized scope
- Conduct that damages the integrity, safety, reputation, or community of NMP Somatics™

13. Listing and Public Representation

Certified teachers may, at the discretion of NMP Somatic Education Canada:

- Be listed on the official NMP Somatics™ Certified Teachers page
- Use their certification title in bios and marketing
- Promote authorized class formats within their completed training scope

Teachers in Training may, at the discretion of NMP Somatic Education Canada:

- Be listed on a Teachers in Training page
- Promote authorized formats within their completed module scope
- Use approved Teacher in Training status language

Listings may be removed if the terms of this agreement are not followed.

14. Misrepresentation and Misuse

The following may result in corrective action, suspension, removal from public listings, revocation of teaching permissions, and/or withdrawal of certification designation:

- Misuse of “Hanna Somatics” terminology
- Misrepresentation of certification or training status
- Teaching outside of completed training scope
- Unauthorized use of NMP Somatics™ materials, names, formats, or branding
- Unauthorized sharing or sale of proprietary materials
- Use of NMP Somatics™ branding outside authorized terms
- Conduct that damages the integrity, safety, reputation, or community of the brand

15. Revocation of License or Certification

NMP Somatic Education Canada reserves the right to suspend or revoke teaching privileges, remove website listings, and/or withdraw certification designations in the event of a material breach of this agreement.

Grounds for revocation may include, but are not limited to:

- Violation of this agreement
- Misrepresentation of certification or scope
- Violation of intellectual property rights
- Unauthorized sharing or sale of proprietary materials
- Use of NMP Somatics™ branding outside authorized terms
- Failure to follow branding guidelines
- Misrepresentation of the work

16. Non-Transferability

This agreement and the teaching license granted herein are personal and non-transferable.

The Teacher may not assign, delegate, sublicense, or otherwise transfer any rights under this agreement to any third party.

17. Amendments

NMP Somatic Education Canada reserves the right to update, revise, or amend this agreement as the program evolves. Updated terms will be provided or made available to Teachers. Continued participation in training, continued teaching under the NMP Somatics™ name, or continued use of NMP Somatics™ branding after updated terms have been provided constitutes acceptance of the updated agreement.

18. Governing Law

This agreement shall be governed by and construed in accordance with the laws of the Province of Alberta, Canada, without regard to conflict of law principles.

19. Agreement and Acknowledgment

By signing below, the Teacher acknowledges that they have read, understood, and agreed to the terms of this agreement.

The Teacher confirms that they:

- Understand and agree to all terms
- Will represent the work accurately
- Will follow all branding and teaching guidelines
- Will teach only within their completed and authorized training scope
- Will not claim certification or authorization beyond what has been formally granted
- Will protect the integrity, materials, and public representation of NMP Somatics™

Teacher Name: _____

Signature: _____

Date: _____